

# Essentials Massage & Facials

## MESSAGE INTAKE FORM

Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_

Contact Number: \_\_\_\_\_ Email: \_\_\_\_\_

We offer text message confirmation. If you'd like to sign up we'll need your service provider: \_\_\_\_\_

Address: \_\_\_\_\_ Apt. # \_\_\_\_\_ City/Zip: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Number: \_\_\_\_\_

**Are you pregnant?**  Yes  No **How far along?** \_\_\_\_\_

What is the reason for your visit today? \_\_\_\_\_

Have you ever had a massage before?  Yes  No

What are your other health concerns? \_\_\_\_\_

List any major injuries/surgeries: \_\_\_\_\_

\_\_\_\_\_

List any accidents you have had: \_\_\_\_\_

\_\_\_\_\_

List all conditions currently monitored by a Health Care Provider: \_\_\_\_\_

List any medications that you currently take: \_\_\_\_\_

\_\_\_\_\_

### MEDICAL HISTORY

Check any or all that apply to your current health:

\_\_\_ headaches

\_\_\_ asthma

\_\_\_ sinus problems

\_\_\_ jaw pain/teeth grinding

\_\_\_ fatigue

\_\_\_ depression

\_\_\_ sleep difficulties

\_\_\_ broken bones

\_\_\_ disk problems

\_\_\_ allergies to scents or lotions

\_\_\_ allergies, in general

\_\_\_ poor circulation

\_\_\_ thyroid dysfunction

\_\_\_ muscle or joint pain

\_\_\_ numbness/tingling

\_\_\_ sprains/strains

\_\_\_ scoliosis

\_\_\_ arthritis

\_\_\_ tendonitis/bursitis

\_\_\_ spinal problems

\_\_\_ seizures

\_\_\_ spasms/cramps

\_\_\_ stroke

\_\_\_ heart disease

\_\_\_ varicose veins

\_\_\_ blood clots

\_\_\_ high/low blood pressure

\_\_\_ diabetes

\_\_\_ benign cancer/tumors

\_\_\_ malignant cancer/tumors

\_\_\_ infectious disease

\_\_\_ skin problems

\_\_\_ osteoporosis

\_\_\_ sciatica

\_\_\_ pace maker

\_\_\_ flu/cold symptoms in last 48 hours

\_\_\_\_\_  
(Initials) I agree to the Essentials Massage & Facials 24 hour cancellation policy, and will pay the full appointment fee.

I give consent to receive treatment at Essentials Massage & Facials. I understand I will be receiving a professional service from a licensed specialist. I understand the benefits and risks of massage and give my consent for massage. I will consult my therapist with any questions or concerns immediately. I have stated all medical conditions that I am aware of and will keep my therapist informed of any changes. I also agree there will be no liability on the therapist's part or Essentials LLC for any services rendered.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_