

# Body Wrap Intake Form

Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_  
Contact Number: \_\_\_\_\_ Email: \_\_\_\_\_  
Street Address: \_\_\_\_\_ Apt. # \_\_\_\_\_ City/Zip: \_\_\_\_\_  
Emergency Contact Name: \_\_\_\_\_ Emergency Number: \_\_\_\_\_

## HEALTH HISTORY

	YES	NO
Are you presently under the care of a doctor?	<input type="checkbox"/>	<input type="checkbox"/>
Are you taking any medications?	<input type="checkbox"/>	<input type="checkbox"/>
_____		
Have you undergone any major surgery in the last 3 months?	<input type="checkbox"/>	<input type="checkbox"/>
_____		
Do you have high or low blood pressure? _____	<input type="checkbox"/>	<input type="checkbox"/>
Do you have any heart ailments? What type? _____	<input type="checkbox"/>	<input type="checkbox"/>
Do you have Plebitis (bad circulation condition)?	<input type="checkbox"/>	<input type="checkbox"/>
Are you pregnant? If so, how many months _____	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had a Body Wrap? If so, where? _____	<input type="checkbox"/>	<input type="checkbox"/>

## F.A.Q.s

### HOW MUCH WEIGHT WILL I LOSE?

The body wrap is designed to take off inches rather than pounds. Although everyone loses inches in the process, not everyone loses weight.

### WHAT WILL I LOSE?

We don't know what you will lose because we don't know what percentage of your body is soft fat. We do guarantee a minimum total inch loss of 5 inches in the first wrap. If you want to lose only in one or two spots, we will not guarantee a 5 inch loss. However, a considerable loss will occur in those areas.

### WHAT IS MEANT BY "TOTAL INCH LOSS"?

Before you are wrapped, measurements are taken of various parts of the body (upper arm, midriff, waist, hips, thighs, etc.) and recorded on your personal record card. After you are unwrapped, these areas are remeasured and the amount of loss in each area is recorded. These losses are added together to determine your "total inch loss".

### WHAT DO I DO AFTER THE BODY WRAP?

Nothing special, you simply go on with your day's activities. If you leave the solution on your skin for 8-16 hours after the body wrap there will be a small additional inch loss and skin tightening. No shower is required since you will feel very clean after the body wrap.

\_\_\_\_\_  
(Initials) I agree to the Essentials Massage & Facials 24 hour cancellation policy, and will pay the full appointment fee.

I give consent to receive treatment at Essentials Massage & Facials. I understand I will be receiving a professional service from a licensed specialist. If I experience any discomfort during this session, I will immediately inform the practitioner. I further understand that the specialist neither diagnoses illness, disease or any other medical, physical, or mental disorder. I am responsible for consulting a qualified physician for any ailment that I have. Because the specialist must be aware of any existing physical conditions that I have, I have listed all my known medical conditions and physical limitations and I will inform the specialist in writing of any change in my physical health. I will provide the specialist with as much background information as possible to assure maximal results. I understand that there shall be no liability on the practitioner part or Essentials LLC for any services rendered. I also understand that any sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_